**Template para envío de Proyectos de investigación**

**Autor/es responsable:** Adilson Marques

**Participantes de RIIDASS:** Adilson Marques

**Título del proyecto:** Promoting Active Travel to School in Europe

**Financiación:** Eramus+: Sport Collaborative partnerships

**Líneas de investigación / Área de investigación:**

**Disciplina OECD/ANEP:**

**Periodo del proyecto (estado) – año de inicio y finalización (5 años atrás):** 2019-2022

**Instituciones participantes:** Coordenador: Technical University of Munich, Alemanha (Investigador Principal: Yolanda Demetriou). Parceiros: VU University Medical Center (Países Baixos), Institute of Mother and Child Foundation (Polónia), Heidelberg University of Education (Alemanha), Palacký University Olomouc (República Checa), FMH-ULisboa (Portugal).

**Grupo poblacional:** Adolescentes

**Página web – contacto y/o redes sociales):** https://www.facebook.com/ACTSprojectEU/

**Resumen español e inglés (Máximo 300 palabras)**

The present project addresses the promotion of social values of sport, with the aim to enhance social inclusion, equal opportunities and psycho-physical well-being in children with typical development and special needs. This will be pursued through sports and physical activity participation in combination with cognitive tasks oriented to improve working memory, planning and inhibition processes. Parent training programs addressed to families will be carried out. The Enriched Sport Activities programme will consist in a three-year phase of development with the contribution of specialised practitioners (coaches, psychologists) and the establishment of a European network among families, practitioners and schools. It will be carried out in two ways: parents’ involvement by the education on cognitive and social benefits of sport and PA in child development and children and youth participation in ESA. The project will benefit of the shared experiences of the different participating countries identifying key features for each country and analysing similarities and differences to obtain a unique and innovative way to administer Sport and PA enriched with a scientifically psycho-pedagogical based intervention program. The dissemination of results, the important project outcomes (cloud platform, mobile apps) and the promotion of long-term good practices to employ in everyday life will be carried out at national and international level. The aim is to raise awareness, to inform external stakeholders about obtained results and implemented guidelines to enhance participation in sport activities as “natural and enjoyable tool” to stimulate global development in childhood.

**Adjunte abajo 1 o 2 fotografías asociadas a la actividad**

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